PE at Hammersmith Academy for Year 7 students

The PE department has a belief that all students should access high quality PE and Sport regardless of their ability and background. The curriculum in PE supports both academically minded students through the development of their knowledge and understanding of PE and Sport; and supporting those who act as leaders and coaches through personal & social development as well as acquiring the ability to analyse performances. This curriculum supports the development of all rounded PE students – not merely elite sporting ability.

To achieve the intent of the curriculum, year 7 students will be taught the following skills and activities:

- 2 modules developing their leadership skills, communication skills, independence and team work skills and the sports they will be taught to develop these skills are netball and handball.
- 2 modules developing the ability to analyse performances of their own skills and their peer's skills. The sports taught to access this will be badminton and gymnastics.
- 2 modules developing their knowledge and understanding of body systems and responses to exercise. This will be taught using the fitness suite and dance activities.
- Students would also get the opportunity to access off site sessions, where facilities are better to accommodate football, rugby or athletics – with the vision that all students get this opportunity over the academic year.

The order that media groups are taught in varies between media groups due to the facilities available. This will be much clearer in September.

Due to the COVID pandemic, there may be restrictions on the full delivery of the curriculum and the emphasis may initially be around active healthy lifestyles through sports and exercise sessions.